

Learn at home!

tech free

Language Dev.

- Phonemic Awareness Practice:
 - Rhyming Games
 - Clap & Count Syllables- You say September, They clap & say sep-tem-ber 3!
 - Thumbs Up Rhymes- You say two words, They repeat the words and thumbs up if it rhymes
 - Beginning Match- You say sun, they say a word that starts with an /s/ sound
 - Blend it- You say /s/ /m/ /ar/ /t/, They say smart
- Noun Hunt- write down nouns you see around your house/ neighborhood
- Reading Log with incentives
- Read to a Friend/Family/Teddy Bear

Math

- Cook or Bake with an Adult
- Add or Subtract using cereal/snack
- Go on a shape hunt
- Sort toys by color/shape/size
- Play store, practice buying and selling
- Make up math stories, draw and write the equation, have someone solve it
- Teach a sibling/friend/teddy bear how to count/add/subtract
- Play War
- Create Math Bingo
- Measure & Record- ex: How far can you jump?
- Build towers, mazes, traps

Writing

- Write a Letter to a friend/teacher/family
- Keep a Daily Journal
- Draw and Label rooms in your house
- Write a Thank You Note
- Make a Book
- Write a Sticker Story (draw a picture around a story and write about it)
- Write a Squiggle Story (turn a squiggle into a picture and write about it)
- Practice Penmanship/ Letter Formation Tracing
- Write the Room- walk around the house writing down words you find!

Sci/SS

- Plant a seed and record observations
- Go on a Nature Walk and write observations
- Weather Report- Keep a Daily Weather Log
- Research a topic that interests you- animal/planet/etc and draw and write/draw about what you have learned
- Plan a trip to somewhere you haven't been, write your plans
- Create a kingdom/country, draw the flag, write your rules
- Make slime

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Health/ PE

- Help prepare a healthy meal with your family
- Try a new vegetable- write your food critic review of it
- At Home Recess- get your body moving!
- Do Stretches
- Play Simon Says with Exercises
- Practice Yoga Poses
- 1 Min Workouts: ex: 1 Min Plank, Jumping Jacks, High Knees, Run in Place
- Eat healthy snacks/ eat the rainbow
- Make up a new game/sport to play

Arts

- Create a self portrait with any materials you have
- Draw a mural with chalk
- Draw a Picture and Create the Title of your work
- Use recycled materials to create a sculpture
- Make up a song
- Make up a dance routine
- Put on a talent show
- Star in your own play
- Act out a story you know
- Create a collage from magazine cut outs

Social/Emotional

- Write/Draw your feelings about:
 - Being Home
 - Being away from Friends
 - Missing school/routine
- Play a board game
- Call a grandparent/ friend and ask about their day
- Create an Acts of Kindness list for your home or neighborhood
- Practice Breathing Exercises if feeling anxious
- Work Together to finish a puzzle
- Practice positive self talk
- Problem Solve during stories- ex. How should the character solve this problem?
- Use puppets/ stuffed animals to discuss feelings

Sight Words:

- Write in:
 - shaving cream
 - sand
 - Play dough using a chopstick
- Build with Play Dough
- Play Sight Word Hopscotch
- Snowball Fight- write words on paper and crumple into balls, throw-catch- open- read
- Make a memory game
- Build words with legos
- Sight word hunt- find words in books and magazines